

## The Twelve Steps of AA

1. We admitted we were powerless over alcohol - that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

## The Twelve Traditions of AA

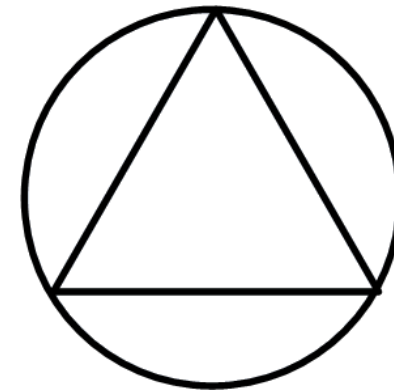
1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

*The 12 Steps and Traditions Reprinted with permission of A.A. World Services, Inc.*

# Alcoholics Anonymous Meeting Schedule Area 26 - District 23 Ashland Kentucky Area

Updated on September 24, 2011

For additional Schedule Information  
Call 1-800-467-8019  
(Northern, Central, or Eastern KY)



ALCOHOLICS ANONYMOUS is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

I am responsible... When anyone, anywhere, reaches out for help, I want the hand of AA always to be there and for that I am responsible.

God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference. - Reinhold Neibuhr

For current regional meeting information and links to AA worldwide:

**[www.ashlandaa.org](http://www.ashlandaa.org)**

# Meeting Schedule - Updated September 24, 2011

Time	Group Location	Codes
<b>Sunday</b>		
9:00 AM	Breakfast Group Kings Daughters Hospital, Cafeteria - Park Boardroom, 2201 Lexington Ave, Ashland KY	O D A
11:00 AM	Serenity Group Pathways Building, 201 22nd Street, (22nd St. and Greenup Ave.), Ashland KY	O D A
6:30 PM	Beginning Again Group OLBH – Care Unit, 1000 Saint Christopher Dr., Ashland KY	GV O A
<b>Monday</b>		
12:00 PM	Hope Group Calvary Episcopal Church, 1337 Winchester Ave., Ashland KY	O D
8:00 PM	Grayson Serenity St. John & Elizabeth Church, 799 State Highway 1947, Grayson KY	O D (O S Last Mon.)
8:00 PM	Ironton Group St. Pauls Lutheran Church, 101 S. 6th Street, Ironton OH	C D N (O S Last Mon.)
8:00 PM	Laid Back Couch Potato Group Community Presbyterian Church, 605 Bellefonte Princess Rd, Rt. 5 and Oxcart Rd., Bellefonte KY	O D
<b>Tuesday</b>		
12:00 PM	Hope Group Calvary Episcopal Church, 1337 Winchester Ave., Ashland KY	O D
6:30 PM	Hope Group Calvary Episcopal Church, 1337 Winchester Ave., Ashland KY	BB
8:00 PM	Beginning Again Group OLBH – Care Unit, 1000 Saint Christopher Dr., Ashland KY	O D A Al Anon
8:00 PM	Lewis County Group Christian Community Ctr., 283 Highway 59, Vanceburg KY	O D A SM
<b>Wednesday</b>		
12:00 PM	Hope Group Calvary Episcopal Church, 1337 Winchester Ave., Ashland KY	O D
8:00 PM	Beginning Again Group OLBH – Care Unit, 1000 Saint Christopher Dr., Ashland KY	O D A
8:00 PM	CK Serenity Group United Bank, C St. and W 2nd St, Ceredo WV	C D N Al Anon (O S Last Wed.)
8:00 PM	Lewis County Group Christian Community Ctr., 283 Highway 59, Vanceburg KY	O D A SM
<b>Thursday</b>		
12:00 PM	Hope Group Calvary Episcopal Church, 1337 Winchester Ave., Ashland KY	O D
6:30 PM	Hope Group Calvary Episcopal Church, 1337 Winchester Ave., Ashland KY	O SS
8:00 PM	Ironton Group St. Pauls Lutheran Church, 101 S. 6th Street, Ironton OH	C D N (O S 2nd Thurs.)
<b>Friday</b>		
12:00 PM	Hope Group Calvary Episcopal Church, 1337 Winchester Ave., Ashland KY	O D
8:00 PM	Chesapeake Serenity Group St. Ann's Catholic Church, 310 3rd Ave, Chesapeake OH	C D N (O S Last Fri.)
8:00 PM	Grayson Serenity St. John & Elizabeth Church, 799 State Highway 1947, Grayson KY	O D A
8:00 PM	Lewis County Group Christian Community Ctr., 283 Highway 59, Vanceburg KY	O D A SM
8:00 PM	Serenity Group Pathways Building, 201 22nd Street, (22nd St. and Greenup Ave.), Ashland KY	O D A (O S Last Fri.)
<b>Saturday</b>		
8:00 PM	Beginning Again Group OLBH – Care Unit, 1000 Saint Christopher Dr., Ashland KY	O D A (O S Last Sat.)

O - Open (Everyone Welcome)  
S - Speaker / Lead  
A - Handicap Accessible

C - Closed (Alcoholics Only)  
BB - Big Book Study  
SM - Smoking

D - Discussion  
SS - Step Study  
TC - Treatment Center Meeting

N - Neighbouring Dist.